

WHAT TO PACK LIST

Personal suitcase

- Bible
- Work t-shirts and shorts (3)
- Clothes for evenings and 4 non-work days
- Socks, tennis shoes or work boots for work days
- Hat, cap, visor, headbands, or bandanas
- Water bottle
- Bathing suit (modest) and cover up
- Men: “Dockers” type pants w/ short sleeve shirt and collar and shoes for dinner and church services
- Women: Modest sundress or skirt with top and sandals for dinner and church services
- Toiletries-soap, shampoo, toothbrush, toothpaste, comb, brush, aspirin/Tylenol, skin irritation crème (Benadryl gel works great for bug bites), antibiotic ointment, tissues, bug spray with DEET (Ultra-Thon works great to keep the bugs off), antacids, personal hygiene products, wet wipes, other?)
- Sunscreen, at least 15
- Aloe vera gel
- Books, magazines, cards, games
- Snacks for airplane and for work day “lunch”
- Plastic bags for misc. uses such as work day lunch
- Light jacket/sweater/raincoat, umbrella
- Flip-flops, Texas or water socks
- Fanny pack, neck holder, or money belt
- Beach bag
- Battery operated travel alarm
- Earplugs (music, dogs, roommates)
- Group donations that are not in the donated 2nd suitcase
- Addresses of family members
- Pens, journal, notebook
- Optional packable bag for return home
- Backpack

Pack in Carry-On Bag

- Identification: PASSPORT is required for ALL travelers
- Authorization for Minor to Leave the Country form if traveling with minors
- Airline and Hotel travel documents and Itinerary
- Camera, film and batteries
- Credit card
- \$10-\$20 in ones for tips for suitcase handlers, bellman, housekeeper daily tip, etc.
- Motion sickness and prescription medication (bring enough for duration of trip)
- Contacts/glasses/sunglasses
- Snacks
- Change of clothes (lost luggage)
- \$ for church service on Sunday
- \$ for free days-shopping, tours, Friday’s catamaran ride
- MJ Director Jeff Peterson’s toll free number if calling from the states toll free (1-877-999-3390), calling in Jamaica 1-876-382-5427

SUITCASE WEIGHT LIMIT IS 50 POUNDS, WITH A MAXIMUM SIZE OF 62”

OVERAGE WEIGHT CHARGE FEE IS \$90 FOR 50-70 LBS

All bags need to be weighed prior to travel to avoid overage charge