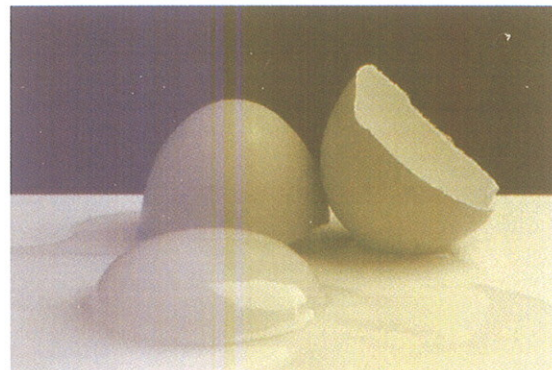


# I Believe

Studying the Trinity and the Apostles' Creed



## Apples, Ice & Eggs

Computer Room

Grades 1-4

### Key verse

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish, but have eternal life.

*John 3:16*

### Gathering (Shepherd)

As students arrive:

- Check them in on the attendance sheet.
- Give them their name buttons.
- Collect offering.
- Have them write their prayer concerns and joys in the class prayer journal.
- Guide them to the opening activity. The activity in your room today is to engage students while other students are arriving. The activity will vary from week to week.
- Begin with prayer. Include entries in the class prayer journal.

### Telling the story (Workshop Leader)-20 minutes

Form groups of 3-5. Give each group one apple, one knife, a paper plate, and a paper towel.

Ask each group to examine their apple, inside and out. Have them determine how many parts there are to their apple. (Give them no more than 4 minutes to complete the task.)

Ask a member of each small group to report the name of their apple parts to the large group. Ask the whole group to determine the purpose of each part named.

Give each group an ice cube and paper towel. Give them the same assignment. (Give them no more than 4 minutes.)

Ask a different member of each group to report to the whole group. As they are reporting, place an ice cube in a coffee cup, in the microwave. Start the microwave for 1 or 2 minutes and melt the ice so that there is steam. Tell the group that you also made steam with your ice cube, but of course, you had the use of a microwave. Ask them the purpose of each part of the ice cube.

Show the entire class a hard-boiled egg. (These can be found in the mini cooler in the room)

Examine the parts of the egg as a group. Remove the shell. Talk about its purpose. (See the egg sheet in the teachers notebook for more egg information.) Break or cut the egg, revealing the yolk.

### Responding to the story (Workshop Leader)-20 minutes

Hand out Apostles' Creed sheets to each student. Read through the Apostles' Creed. How many parts are there to the creed? (3) Name them. (Father, Son, Holy Spirit)

Hand out Bibles. Read:

- John 1:1-5 (Father, Creator)
- John 3:16 (Jesus Christ, Savior)
- Acts 1:8 and 2:1-4 (Holy Spirit, God in us)
- Matthew 28:19 (Jesus tells the disciples to baptize in the name of the Triune God, the Trinity)

Talk about the purpose of each of these three "parts" of God. Allow students to answer and explore as much as possible. Please don't "give them the answers" before they get a chance to think about it and discuss.

- Father, Creator—Read what the creed says again. What has God created? Everything! Don't forget things like friendships, happiness, free-will, our intelligence so that we can create things.
- Jesus Christ, Savior, Friend—Jesus' purpose was to die for our sins and give us new life with God. Jesus was our example of how to live and how to act. God wants us to know that Jesus was on earth to live like we do. God knows how it feels to be sad, angry, happy, etc.
- Holy Spirit—Tough one, isn't it? We are not as familiar with the Holy Spirit. Read the third part of the creed. The Holy Spirit (sometimes called the Holy Ghost) helps us believe in Jesus, forgives our sin, and will raise us to live with Jesus forever. The Holy Spirit is at work in the world, in our lives, in our hearts now. The Holy Spirit is a helper or a counselor, guiding us to live Christ-like lives. In the third article or part of the creed, we hear that the Holy Spirit is working through the *holy, catholic church*. *Holy* doesn't mean that the church is perfect. It means that the Holy Spirit is working through us. *Catholic* doesn't mean we are Roman Catholics with a capital "C." The word *catholic* means *universal or all-inclusive*. And the church is not a building! The church is the community or family of all believers! The *communion of saints* is the community or family of all believers. Saints are not perfect, nor are they all dead! We are all saints. We are all equal in God's sight. We also have responsibilities and duties as God's children. *Forgiveness of sins* is perhaps the easiest of the phrases to understand, but one of the hardest to accept. God's gift of grace is just so wonderful! What about *the resurrection of the body*? We believe that God will give us new life after death. God will give us a new body that works in heaven. This old, earthly body with its aches and pains is not what the Holy Spirit will give us. We, of course, do not know exactly what that will be. That's what faith is. We believe that God loves us more than anything. We trust God, even though we don't have all the answers. Sometimes that's scary, but we trust the Holy Spirit to help us believe. That's what we say when we recite the Apostles' Creed!

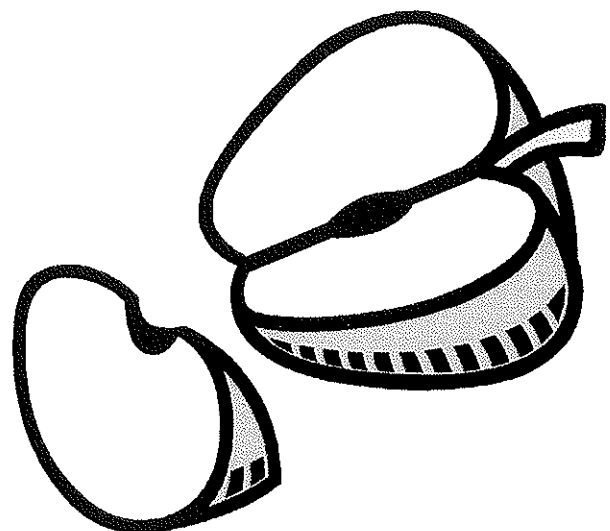
Now, back to our apple, ice and egg. You had apples that had several parts, BUT you only had one apple. You had an ice cube that took three different forms, BUT you only had one ice cube. You saw the egg that had several parts, BUT we only had one egg. Remember the worksheet you did when you came in today? You wrote all kinds of nouns or names for yourself. You have different names, BUT you are one person. You play different roles. You are a friend, brother or sister, son or daughter, student, choir member, teammate, member of this class, \_th grader, boy or girl, child of God, etc. All of these are different names with different responsibilities, BUT you are just one person.

God has three different names: Father, Son, and Holy Spirit, BUT there is only one God. Together we call the three forms of God the Trinity. (Tri=three, like in tricycle or triangle.) But there is only one God! And that God so loves the world that he gave his only Son, that whoever believes in him shall not perish, but have eternal life!

#### Reflection (Shepherd)—2 minutes

Give each student a plain white cross. Have them take 2-3 minutes to write their sins all over the cross. (Non-writers may draw pictures of their sins.) Give students a second white cross that has the prayer and heart on it. Glue the second cross right on top of the first, right over the sins to remind them that all of their sins are wiped away by Jesus' death. Practice saying the prayer that appears in the heart, together. Then stand, holding the cross and pray again.

Together, say the Apostles' Creed. Use the worksheet, if necessary.



## The Apostles' Creed

I believe in God, the Father almighty,  
Creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the  
Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate, was  
crucified, died and was buried.  
He descended into hell.  
On the third day he rose again.  
He ascended into heaven, and is seated at  
the right hand of the Father.  
He will come again to judge the living  
and the dead.

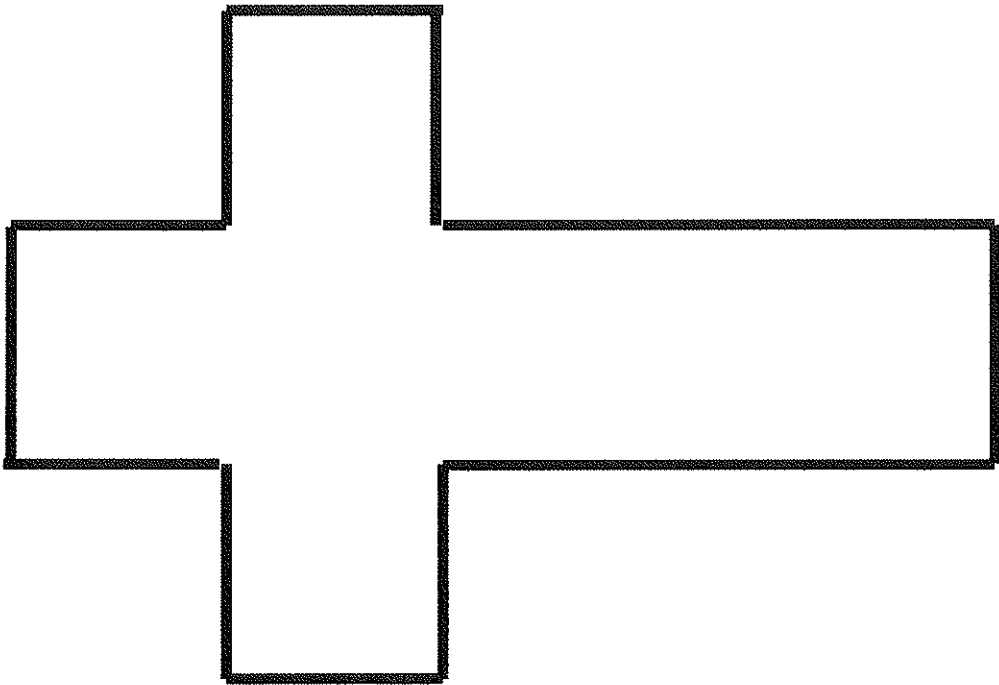
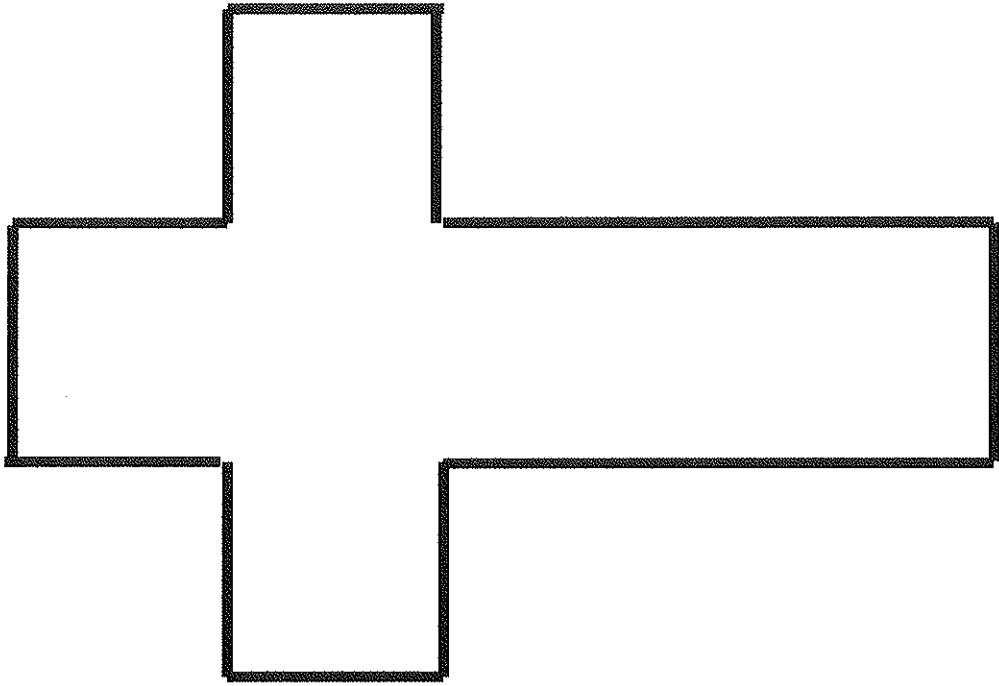
I believe in the Holy Spirit,  
The holy catholic Church,  
The communion of saints,  
The forgiveness of sins,  
The resurrection of the body,  
And the life everlasting. Amen

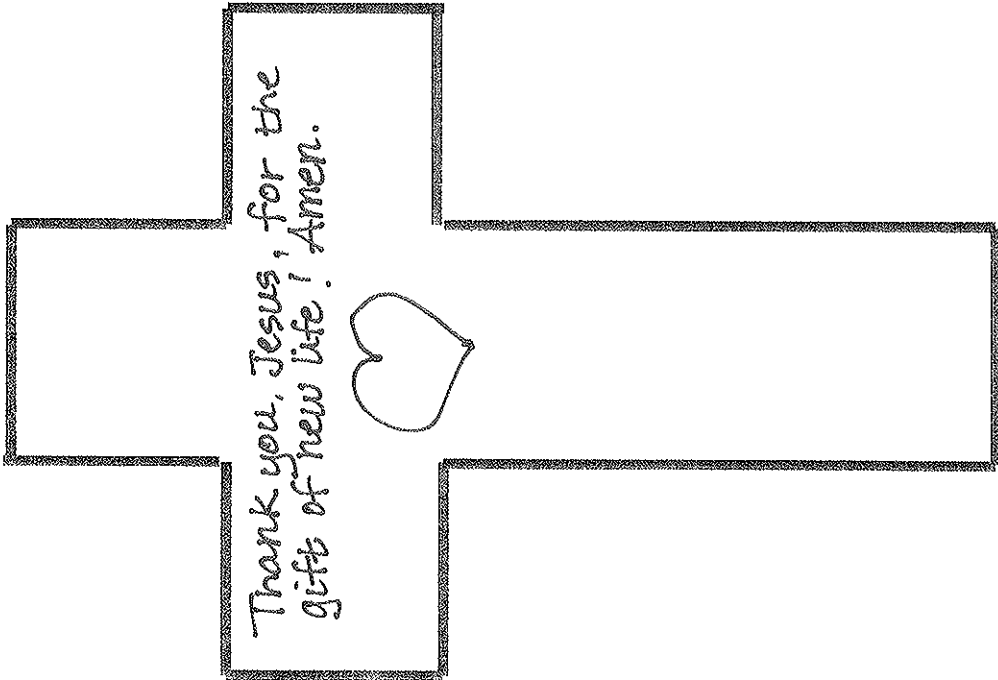
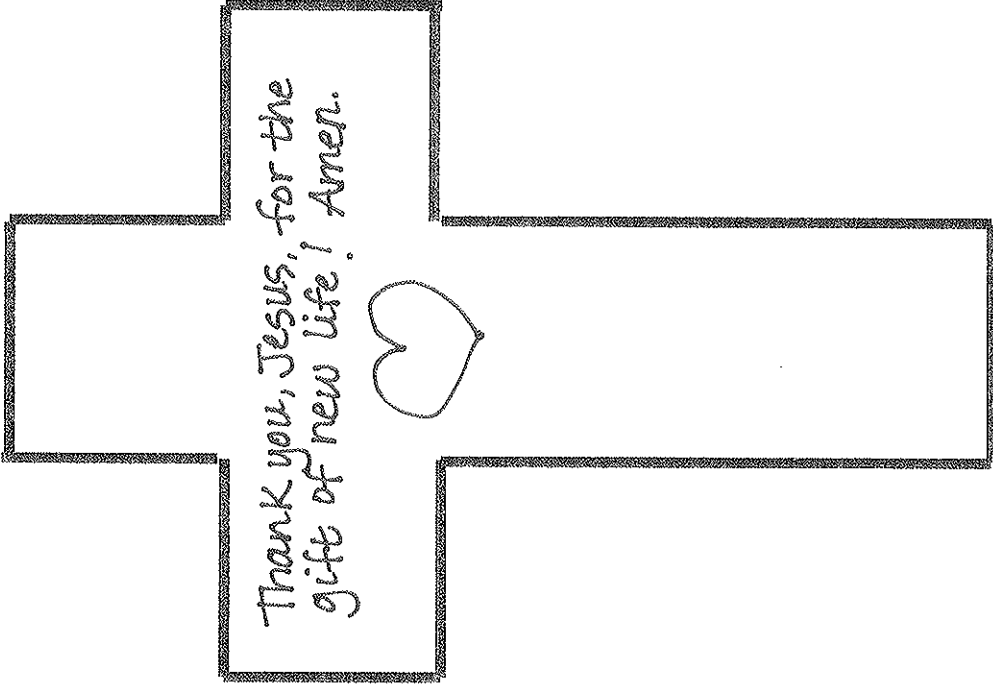
## The Apostles' Creed

I believe in God, the Father almighty,  
Creator of heaven and earth.

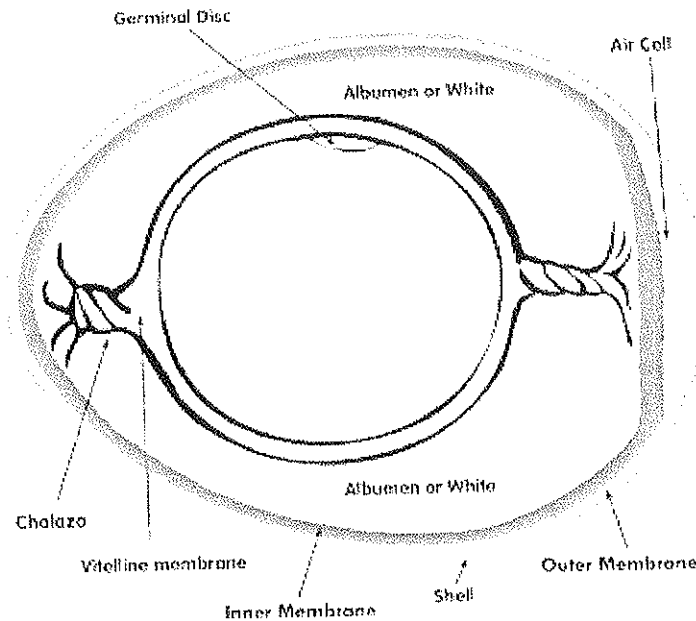
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the  
Holy Spirit and born of the Virgin Mary.  
He suffered under Pontius Pilate, was  
crucified, died and was buried.  
He descended into hell.  
On the third day he rose again.  
He ascended into heaven, and is seated at  
the right hand of the Father.  
He will come again to judge the living  
and the dead.

I believe in the Holy Spirit,  
The holy catholic Church,  
The communion of saints,  
The forgiveness of sins,  
The resurrection of the body,  
And the life everlasting. Amen





## Home: Poultry: Virtual Hatch Project: The Parts of the Egg



Looking at the egg from the outside we see the shell, which is a hard, protective covering made of calcium carbonate. The shell is porous. (There are about 7,000 pores in a chicken eggshell.) This allows the transfer of gases through the shell. Carbon dioxide and moisture are given off through the pores and are replaced by atmospheric gases, including oxygen.

Immediately beneath the shell are two membranes, the outer and inner shell membranes. These membranes protect the contents of the egg from bacteria and prevent moisture from leaving the egg too quickly..

Because the body temperature of a hen is approximately 106° F, eggs are very warm at the time they are laid. The temperature of the air is usually much lower than 106° F, and the egg cools to the temperature of its surroundings. As cooling takes place, the contents of the egg contract more than does the shell of the egg. This creates a vacuum and air is drawn through the pores of the egg.

As a result, an air cell forms at the large end of the egg. While the embryo is growing, the shell membranes surround and contain the white or albumen of the egg. The albumen provides the liquid medium in which the embryo develops, and it also contains a large amount of the protein necessary for proper development.

In a fresh egg, we can see white cords attached to the yolk sac. These two cords, called chalazae, are made of twisted strands of mucin fibers that are a special form of protein. The chalazae hold the yolk in the center of the egg.

The yolk is the source of food for the embryo and contains all the fat in the egg. The small white spot on the yolk is called the germinal disc. The germinal disc is where the female's genetic material is found.